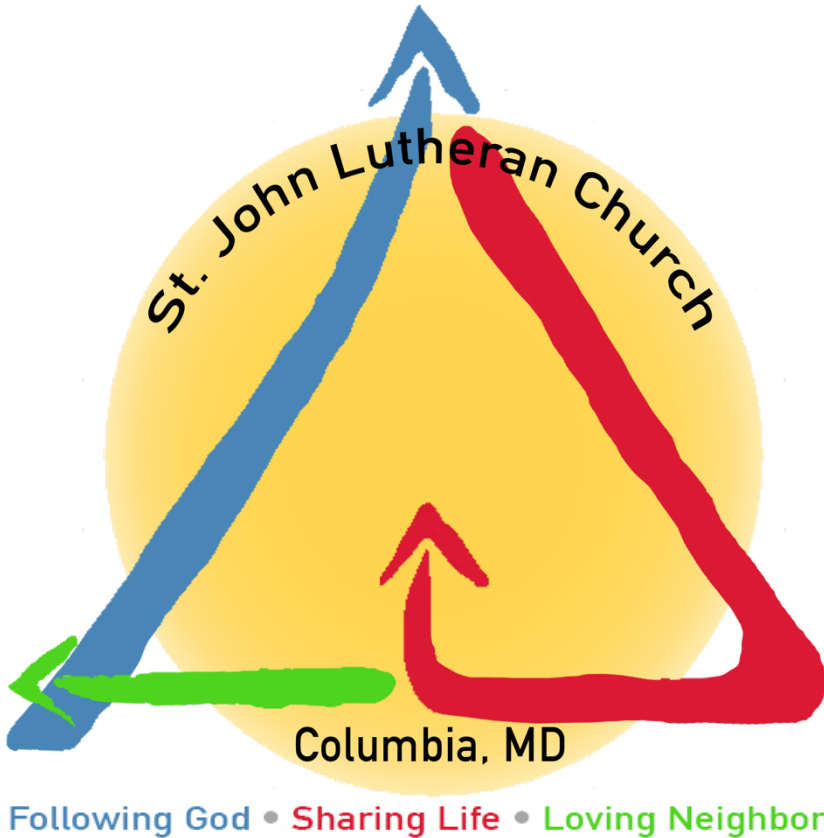


Prayer4All

A prayer book for your private use
or when gathering to pray with others
of the St. John community.



Following God • Sharing Life • Loving Neighbor

All scripture quotations in the booklet
are taken from the NRSV translation.

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Purpose of this Prayer Book

This prayer book has been produced to aid all Christians develop and sustain their relationship with our Heavenly Father, through Christ his Son, in the power of the Holy Spirit.

It is from a place of relationship with God that we are able to follow the call he places on our lives to go and make disciples that can make disciples.

Jesus expects that prayer happens, because it is an important part of what being one of his disciples is about. Whichever way you pray, my hope is that this prayer book helps, or even increases, your desire to spend time with your Creator, who is the one who sustains you for life and ministry.

It is not intended that this book be the only avenue in which you come to God, however, it has been produced with the busyness of life in mind. It offers a simple way in which we can engage in prayer and study at a level which is both accessible and attainable.

Remember that we are saved by grace, through faith in Christ, and no longer operate under the law. However, the grace which we have received should be compelling us to further engage with, and put the effort into, our relationship with our Father in heaven.

How to use this book

The model of daily prayer in this book follows a basic pattern of, preparation, study of God's Word, confession, intercession in the form of Up, In and Out prayer (explained further on the next page), and final bidding. If gathering with others to pray the assigned leader will say all of the text, with all others joining in to say the text that is in bold.

Each day offers a specific focus to help guide you through praying for all areas of mission and ministry throughout the local worshipping community, the global Church, and the needs of all who live in the world.

The scriptural texts for the day can come from any reading plan, however, this book has been produced with the Revised Common Lectionary in mind.

Whatever you read, be looking, and listening, for what it is that God is wanting to say to you through the text. During the prayer time be responding to God and his Word, remembering that prayer in a conversation and as such includes both an aspect of listening, as well as speaking.

Up, In & Out Prayer

As we look at the life of Jesus we see that he lived out his life in three dimension, or relationships. Up – with his Father in Heaven, In – with his chosen followers, and Out – with the world around him. This pattern of living is evident throughout Scripture.

The St. John Logo expresses this pattern, as does our tag line of *following God, sharing life, loving neighbor*. We also express this model when we pray, as we seek to dive into relationship with:

- God – as we confess our sins and through true repentance accepting his forgiveness,
- Each other – as we pray for those within our worshipping community, and the worldwide Church.
- The World – as we pray for the hurt that surrounds us both locally and globally, and ask for the Spirit to impact the lives of those who do not yet know Jesus.

A clear example of the how Jesus did exactly this can be found in Luke chapter 6.

Jesus went **UP** to spend time with the Father.

“Now during those days he went out to the mountain to pray, and he spent the night in prayer to God.” (Luke 6:12)

Jesus invited others **IN** to share life with him.

“And when day came, he called his disciples and chose twelve of them, whom he also named apostles: Simon, whom he named Peter, and his brother Andrew, and James, and John, and Philip, and Bartholomew, and Matthew, and Thomas, and James son of Alphaeus, and Simon, who was called the Zealot, and Judas son of James, and Judas Iscariot, who became a traitor.”

And Jesus reached **OUT** to others.

“He came down with them and stood on a level place with a great crowd of his disciples and a great multitude of people from all Judea, Jerusalem, and the coast of Tyre and Sidon. ¹⁸They had come to hear him and to be healed of their diseases, and those who were troubled with unclean spirits were cured. ¹⁹And everyone in the crowd was trying to touch him, for power came out from him and healed all of them.” (Luke 6:17-19)

At St. John we aim to live out our faith, and to pray similarly, following this model of life which Jesus set out for us. As we do this, let's try not to overly concentrate on one area, but truly step into living and praying a balance life.

Prayer on a Monday

Preparation

Morning	Evening
O Lord, open our lips and our mouths shall proclaim your praise. Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now and shall be forever. Amen.	O God, make speed to save us. O Lord, makes haste to help us. Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now and shall be forever. Amen.

Save us, Lord, from being self-centered in our prayers and teach us to remember to pray for others. May we be so caught up in love for those for whom we pray, that we may feel their needs as keenly as our own, and pray for them with imagination, sensitivity, and knowledge. We ask this in Christ's name. Amen.

(A prayer of John Calvin)

Psalmody

A reading from the lectionary Psalm, or from the Psalm cycles on pages 41-43, followed by the Gloria Patri

Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now and shall be forever. Amen.

Praise

A hymn or song may be sung

The Word of God

A canticle from pages 44-47 may be said before reading the assigned texts for the day, with the Gospel Canticle following the Gospel reading

Gospel Canticle

Morning (Luke 1:67-79)	Evening (Luke 1:46b-55)
<p>"Praise be to the Lord, the God of Israel, because he has come to his people and redeemed them. He has raised up a horn of salvation for us in the house of his servant David (as he said through his holy prophets of long ago), salvation from our enemies and from the hand of all who hate us - to show mercy to our ancestors and to remember his holy covenant, the oath he swore to our father Abraham: to rescue us from the hand of our enemies, and to enable us to serve him without fear in holiness and righteousness before him all our days. And you, my child, will be called a prophet of the Most High; for you will go on before the Lord to prepare the way for him, to give his people the knowledge of salvation through the forgiveness of their sins, because of the tender mercy of our God, by which the rising sun will come to us from heaven to shine on those living in darkness and in the shadow of death, to guide our feet in to the path of peace." Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now and shall be forever. Amen.</p>	<p>"My soul glorifies the Lord, and my spirit rejoices in God my Savior, for he has been mindful of the humble state of his servant. From now on all generation will call me blessed, for the Mighty One has done great things for me – holy is his name. His mercy extends to those who fear him, from generation to generation. He has performed mighty deed with his arm, he has scattered those who are proud in their inmost thoughts. He has brought down rulers from their thrones but has lifted up the humble. He has filled the hungry with good things, but her has sent the rich away empty. He has helped his servant Israel, remembering to be merciful to Abraham and his descendants forever, just as he promised our ancestors." Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now and shall be forever. Amen.</p>

Response

Silence, Study, Reflection or Conversation

The Prayers

Written prayers on pages 48-50 may be helpful as you pray Up, In and Out

Praying Up

*Either this prayer of confession,
or the appropriate Prayer of Martin Luther is used*

Almighty and merciful God, the fountain of all goodness, who knowest the thought of our hearts; we confess that we have sinned against Thee, and done what is evil in Thy sight. Wash us, we beseech Thee, from the stains of our past sins, and give us grace and power to put away all hurtful things; that, bring delivered from the bondage of sin, we may bring forth fruits worthy of repentance, and at last enter into Thy promised joy; through the mercy of Thy blessed Son, Jesus Christ our Lord. Amen.

(A Prayer of St. Alcuin)

or

Morning	Evening
We give thanks to you, heavenly Father, through Jesus Christ your dear Son, that you have protected us through the night from all danger and harm; and we beseech you to preserve and keep us, this day also, from all sin and evil; that in all our thoughts, words, and deeds, we may serve and please you. Into your hands we commend our bodies and souls, and all that is ours. Let your holy angel guard us, that the wicked one may have no power over us. Amen.	We give you thanks, heavenly Father, through Jesus Christ your dear Son, that you have today so graciously protected us, and we beseech you to forgive us all our sins, and the wrongs which we have done, and through your great mercy defend us from all perils and danger of this night. Into your hands we commend our bodies and souls and all that is ours. Let your holy angel guard us, that the wicked one may have no power over us. Amen.

(Martin Luther, his morning, and evening, prayer)

Absolution

A reminder of God's Forgiveness for all who truly repent

May almighty God, who sent his Son into the world to save sinners, bring us his pardon and peace, now and forever.

Amen.

Praying In

Praying for fellow Christians near and far

Prayer focus for today

- Our ordained ministers and their families
- LCMC national leadership

Praying Out

Praying for the world and those who don't know Jesus

Prayer focus for today

- Those we know who are not in relationship with Jesus
- The President of the United States of America

The prayer for the day

The following, or the assigned prayer for the day is said

Eternal God and Father, grant that we may walk with you this day, trusting in you as Lord and Savior; and that all our words and actions may praise you and our lives bring you glory/. Amen.

The Lord's Prayer

Our Father, who are in heaven, hallowed be thy name, Thy kingdom come, thy will be done, on earth as it is in heaven. Give us today our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

Our Father in Heaven, Hallowed be your name, Your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power and the glory are yours, now and forever. Amen.

The Conclusion

O Lord, you have given us your Word as a light on our path; grant that we may so mediate on that Word, and follow its teaching, that we may find it in the light that shines more and more until the perfect day; through Jesus Christ our Lord.

(A prayer of St. Jerome)

Morning	Evening
God Almighty bless us with his Holy Spirit this day; guard us in our going out and coming in; keep us always steadfast in his faith, free from sin and safe from danger; through Jesus Christ our Lord. Amen. <i>(Author Unknown)</i>	Visit our dwellings, O Lord, and drive from them all the snares of the enemy; let your holy angels dwell with us to preserve us in peace; and let your blessing be upon us always, through Christ our Lord. Amen. <i>(Office of Compline)</i>

The Dismissal

Morning	Evening
Abide with us, Lord Jesus, for the night is now passed and the day lies open before us. As we rejoice in the gift of this new day, may the light of your presence, O God, set our hearts on fire.	Abide with us, Lord Jesus, for the night is at hand and the day is now past. In peace we will lie down and sleep; for you alone, Lord, make us dwell in safety.

Let us bless the Lord.
Thanks be to God.

Prayer on a Tuesday

Preparation

Morning	Evening
O Lord, open our lips and our mouths shall proclaim your praise. Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now and shall be forever. Amen.	O God, make speed to save us. O Lord, makes haste to help us. Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now and shall be forever. Amen.

O Lord, who has mercy on all, take away from me my sins, and mercifully kindle in me the fire of your Holy Spirit. Take away from me the hearts of stone, and give me a heart of flesh, a heart to love and adore you, a heart to delight in you, to follow you and to enjoy you, for Christ's Sake. Amen.

(A prayer of St. Ambrose)

Psalmody

A reading from the lectionary Psalm, or from the Psalm cycles on pages 41-43, followed by the Gloria Patri

Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now and shall be forever. Amen.

Praise

A hymn or song may be sung

The Word of God

A canticle from pages 44-47 may be said before reading the assigned texts for the day, with the Gospel Canticle following the Gospel reading

Gospel Canticle

Morning (Luke 1:67-79)	Evening (Luke 1:46b-55)
<p>"Praise be to the Lord, the God of Israel, because he has come to his people and redeemed them. He has raised up a horn of salvation for us in the house of his servant David (as he said through his holy prophets of long ago), salvation from our enemies and from the hand of all who hate us - to show mercy to our ancestors and to remember his holy covenant, the oath he swore to our father Abraham: to rescue us from the hand of our enemies, and to enable us to serve him without fear in holiness and righteousness before him all our days. And you, my child, will be called a prophet of the Most High; for you will go on before the Lord to prepare the way for him, to give his people the knowledge of salvation through the forgiveness of their sins, because of the tender mercy of our God, by which the rising sun will come to us from heaven to shine on those living in darkness and in the shadow of death, to guide our feet in to the path of peace." Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now and shall be forever. Amen.</p>	<p>"My soul glorifies the Lord, and my spirit rejoices in God my Savior, for he has been mindful of the humble state of his servant. From now on all generation will call me blessed, for the Mighty One has done great things for me – holy is his name. His mercy extends to those who fear him, from generation to generation. He has performed mighty deed with his arm, he has scattered those who are proud in their inmost thoughts. He has brought down rulers from their thrones but has lifted up the humble. He has filled the hungry with good things, but her has sent the rich away empty. He has helped his servant Israel, remembering to be merciful to Abraham and his descendants forever, just as he promised our ancestors." Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now and shall be forever. Amen.</p>

Response

Silence, Study, Reflection or Conversation

The Prayers

Written prayers on pages 48-50 may be helpful as you pray Up, In and Out

Praying Up

*Either this prayer of confession,
or the appropriate Prayer of Martin Luther is used*

Most great and glorious God, accept my imperfect repentance, and send you Spirit of adoption into my heart, that I may again be owned by you, call you Father, and share in the blessings of your children. Amen.

(A Prayer of John Wesley)

or

Morning	Evening
We give thanks to you, heavenly Father, through Jesus Christ your dear Son, that you have protected us through the night from all danger and harm; and we beseech you to preserve and keep us, this day also, from all sin and evil; that in all our thoughts, words, and deeds, we may serve and please you. Into your hands we commend our bodies and souls, and all that is ours. Let your holy angel guard us, that the wicked one may have no power over us. Amen.	We give you thanks, heavenly Father, through Jesus Christ your dear Son, that you have today so graciously protected us, and we beseech you to forgive us all our sins, and the wrongs which we have done, and through your great mercy defend us from all perils and danger of this night. Into your hands we commend our bodies and souls and all that is ours. Let your holy angel guard us, that the wicked one may have no power over us. Amen.

(Martin Luther, his morning, and evening, prayer)

Absolution

A reminder of God's Forgiveness for all who truly repent

May almighty God, who sent his Son into the world to save sinners, bring us his pardon and peace, now and forever.

Amen.

Praying In

Praying for fellow Christians near and far

Prayer focus for today

- Church Elders and their families
- Our ministry partners

Praying Out

Praying for the world and those who don't know Jesus

Prayer focus for today

- The local hospitals and care professionals
- Global affairs

The prayer for the day

The following, or the assigned prayer for the day is said

Gracious Father, you call us to work with our fellow Christian brothers and sisters. Lead us this day to strive for unity, fill your church with faith and hope and guide and strengthen us by your Holy Spirit. Amen.

The Lord's Prayer

**Our Father, who are in heaven,
hallowed be thy name, Thy
kingdom come, thy will be done,
on earth as it is in heaven. Give
us today our daily bread; and
forgive us our trespasses, as we
forgive those who trespass
against us; And lead us not into
temptation, but deliver us from
evil. For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.**

**Our Father in Heaven,
Hallowed be your name, Your
kingdom come, your will be
done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin
against us. Save us from the
time of trial and deliver us from
evil. For the kingdom, the
power and the glory are yours,
now and forever. Amen.**

The Conclusion

We beseech thee, Master, to be our helper and protector. Save the afflicted among us; have mercy on the lowly; raise up the fallen; appear to the needy; heal the ungodly; restore the wanderers of thy people; feed the hungry; ransom our prisoners; raise up the sick; comfort the faint hearted. Amen.

(A prayer of St. Clement)

Morning	Evening
God Almighty bless us with his Holy Spirit this day; guard us in our going out and coming in; keep us always steadfast in his faith, free from sin and safe from danger; through Jesus Christ our Lord. Amen. <i>(Author Unknown)</i>	Visit our dwellings, O Lord, and drive from them all the snares of the enemy; let your holy angels dwell with us to preserve us in peace; and let your blessing be upon us always, through Christ our Lord. Amen. <i>(Office of Compline)</i>

The Dismissal

Morning	Evening
Abide with us, Lord Jesus, for the night is now passed and the day lies open before us. As we rejoice in the gift of this new day, may the light of your presence, O God, set our hearts on fire. Let us bless the Lord. Thanks be to God.	Abide with us, Lord Jesus, for the night is at hand and the day is now past. In peace we will lie down and sleep; for you alone, Lord, make us dwell in safety.

Prayer on Wednesday

Preparation

Morning	Evening
O Lord, open our lips and our mouths shall proclaim your praise. Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now and shall be forever. Amen.	O God, make speed to save us. O Lord, makes haste to help us. Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now and shall be forever. Amen.

Almighty God, the protector of all who trust in you, without whose grace nothing is strong, nothing is holy, increase and multiply on us your mercy, that through your holy inspiration we may think the things that are right and by your power may carry them out, through Jesus Christ our Lord. Amen.

(A prayer of Martin Luther)

Psalmody

A reading from the lectionary Psalm, or from the Psalm cycles on pages 41-43, followed by the Gloria Patri

Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now and shall be forever. Amen.

Praise

A hymn or song may be sung

The Word of God

A canticle from pages 44-47 may be said before reading the assigned texts for the day, with the Gospel Canticle following the Gospel reading

Gospel Canticle

Morning (Luke 1:67-79)	Evening (Luke 1:46b-55)
<p>"Praise be to the Lord, the God of Israel, because he has come to his people and redeemed them. He has raised up a horn of salvation for us in the house of his servant David (as he said through his holy prophets of long ago), salvation from our enemies and from the hand of all who hate us - to show mercy to our ancestors and to remember his holy covenant, the oath he swore to our father Abraham: to rescue us from the hand of our enemies, and to enable us to serve him without fear in holiness and righteousness before him all our days. And you, my child, will be called a prophet of the Most High; for you will go on before the Lord to prepare the way for him, to give his people the knowledge of salvation through the forgiveness of their sins, because of the tender mercy of our God, by which the rising sun will come to us from heaven to shine on those living in darkness and in the shadow of death, to guide our feet in to the path of peace." Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now and shall be forever. Amen.</p>	<p>"My soul glorifies the Lord, and my spirit rejoices in God my Savior, for he has been mindful of the humble state of his servant. From now on all generation will call me blessed, for the Mighty One has done great things for me – holy is his name. His mercy extends to those who fear him, from generation to generation. He has performed mighty deed with his arm, he has scattered those who are proud in their inmost thoughts. He has brought down rulers from their thrones but has lifted up the humble. He has filled the hungry with good things, but her has sent the rich away empty. He has helped his servant Israel, remembering to be merciful to Abraham and his descendants forever, just as he promised our ancestors." Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now and shall be forever. Amen.</p>

Response

Silence, Study, Reflection or Conversation

The Prayers

Written prayers on pages 48-50 may be helpful as you pray Up, In and Out

Praying Up

*Either this prayer of confession,
or the appropriate Prayer of Martin Luther is used*

We beseech thee, good Lord, that it may please thee to give us true repentance to forgive us all our sins, negligences, and ignorances; and to endure is with the grace of thy Holy Spirit, to amend our lives according to thy holy word.

(A Prayer of Thomas Cranmer)

or

Morning	Evening
We give thanks to you, heavenly Father, through Jesus Christ your dear Son, that you have protected us through the night from all danger and harm; and we beseech you to preserve and keep us, this day also, from all sin and evil; that in all our thoughts, words, and deeds, we may serve and please you. Into your hands we commend our bodies and souls, and all that is ours. Let your holy angel guard us, that the wicked one may have no power over us. Amen.	We give you thanks, heavenly Father, through Jesus Christ your dear Son, that you have today so graciously protected us, and we beseech you to forgive us all our sins, and the wrongs which we have done, and through your great mercy defend us from all perils and danger of this night. Into your hands we commend our bodies and souls and all that is ours. Let your holy angel guard us, that the wicked one may have no power over us. Amen.

(Martin Luther, his morning, and evening, prayer)

Absolution

A reminder of God's Forgiveness for all who truly repent

May almighty God, who sent his Son into the world to save sinners, bring us his pardon and peace, now and forever.

Amen.

Praying In

Praying for fellow Christians near and far

Prayer focus for today

- The St. John campus
- Other congregations belonging to LCMC

Praying Out

Praying for the world and those who don't know Jesus

Prayer focus for today

- Local schools
- Children all over the world

The prayer for the day

The following, or the assigned prayer for the day is said

Almighty and everlasting God, we give you thanks for the children of this world. Help us to come to you as our Heavenly father, trusting in you are a child does a parent, loving you as you have first loved us. Amen.

The Lord's Prayer

Our Father, who are in heaven, hallowed be thy name, Thy kingdom come, thy will be done, on earth as it is in heaven. Give us today our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

Our Father in Heaven, Hallowed be your name, Your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power and the glory are yours, now and forever. Amen.

The Conclusion

Look upon us, O Lord, and let all the darkness of our souls vanish before the beams of thy brightness. Fill us with holy love, and open to us the treasures of thy wisdom. All our desire is known unto thee, therefore perfect what thou hast begun, and what thy Spirit has awakened us to ask in prayer. We seek thy face, turn thy face unto us and show us thy glory. Then shall our longing be satisfied, and our peace shall be perfect. Amen.

(A prayer of Augustine)

Morning	Evening
God Almighty bless us with his Holy Spirit this day; guard us in our going out and coming in; keep us always steadfast in his faith, free from sin and safe from danger; through Jesus Christ our Lord. Amen. <i>(Author Unknown)</i>	Visit our dwellings, O Lord, and drive from them all the snares of the enemy; let your holy angels dwell with us to preserve us in peace; and let your blessing be upon us always, through Christ our Lord. Amen. <i>(Office of Compline)</i>

The Dismissal

Morning	Evening
Abide with us, Lord Jesus, for the night is now passed and the day lies open before us. As we rejoice in the gift of this new day, may the light of your presence, O God, set our hearts on fire.	Abide with us, Lord Jesus, for the night is at hand and the day is now past. In peace we will lie down and sleep; for you alone, Lord, make us dwell in safety.

Let us bless the Lord.
Thanks be to God.

Prayer on Thursday

Preparation

Morning	Evening
O Lord, open our lips and our mouths shall proclaim your praise. Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now and shall be forever. Amen.	O God, make speed to save us. O Lord, makes haste to help us. Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now and shall be forever. Amen.

Christ be with me, Christ within me, Christ behind me, Christ before me,
Christ beside me, Christ to win me, Christ to comfort and restore me, Christ
beneath me, Christ above me, Christ in quiet, Christ in danger, Christ in
hearts of all that love me, Christ in mouth of friend and stranger. Amen.

(Breastplate of St. Patrick)

Psalmody

*A reading from the lectionary Psalm, or from the Psalm cycles on pages 41-43,
followed by the Gloria Patri*

**Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the
beginning is now and shall be forever. Amen.**

Praise

A hymn or song may be sung

The Word of God

*A canticle from pages 44-47 may be said before reading the assigned texts for
the day, with the Gospel Canticle following the Gospel reading*

Gospel Canticle

Morning (Luke 1:67-79)	Evening (Luke 1:46b-55)
<p>"Praise be to the Lord, the God of Israel, because he has come to his people and redeemed them. He has raised up a horn of salvation for us in the house of his servant David (as he said through his holy prophets of long ago), salvation from our enemies and from the hand of all who hate us - to show mercy to our ancestors and to remember his holy covenant, the oath he swore to our father Abraham: to rescue us from the hand of our enemies, and to enable us to serve him without fear in holiness and righteousness before him all our days. And you, my child, will be called a prophet of the Most High; for you will go on before the Lord to prepare the way for him, to give his people the knowledge of salvation through the forgiveness of their sins, because of the tender mercy of our God, by which the rising sun will come to us from heaven to shine on those living in darkness and in the shadow of death, to guide our feet in to the path of peace." Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now and shall be forever. Amen.</p>	<p>"My soul glorifies the Lord, and my spirit rejoices in God my Savior, for he has been mindful of the humble state of his servant. From now on all generation will call me blessed, for the Mighty One has done great things for me – holy is his name. His mercy extends to those who fear him, from generation to generation. He has performed mighty deed with his arm, he has scattered those who are proud in their inmost thoughts. He has brought down rulers from their thrones but has lifted up the humble. He has filled the hungry with good things, but her has sent the rich away empty. He has helped his servant Israel, remembering to be merciful to Abraham and his descendants forever, just as he promised our ancestors." Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now and shall be forever. Amen.</p>

Response

Silence, Study, Reflection or Conversation

The Prayers

Written prayers on pages 48-50 may be helpful as you pray Up, In and Out

Praying Up

*Either this prayer of confession,
or the appropriate Prayer of Martin Luther is used*

O most merciful Father, you forgive the sins of those who truly repent: we come before your throne in the name of Jesus Christ, that for his sake alone you will

(A Prayer of John Colet)

or

Morning	Evening
We give thanks to you, heavenly Father, through Jesus Christ your dear Son, that you have protected us through the night from all danger and harm; and we beseech you to preserve and keep us, this day also, from all sin and evil; that in all our thoughts, words, and deeds, we may serve and please you. Into your hands we commend our bodies and souls, and all that is ours. Let your holy angel guard us, that the wicked one may have no power over us. Amen.	We give you thanks, heavenly Father, through Jesus Christ your dear Son, that you have today so graciously protected us, and we beseech you to forgive us all our sins, and the wrongs which we have done, and through your great mercy defend us from all perils and danger of this night. Into your hands we commend our bodies and souls and all that is ours. Let your holy angel guard us, that the wicked one may have no power over us. Amen.

(Martin Luther, his morning, and evening, prayer)

Absolution

A reminder of God's Forgiveness for all who truly repent

May almighty God, who sent his Son into the world to save sinners, bring us his pardon and peace, now and forever.

Amen.

Praying In

Praying for fellow Christians near and far

Prayer focus for today

- The Board of Trustees and their families
- Our mission partners

Praying Out

Praying for the world and those who don't know Jesus

Prayer focus for today

- Local government
- The city of Columbia

The prayer for the day

The following, or the assigned prayer for the day is said

Heavenly Father, abide with us and with your whole Church we pray. That we may keep within the flame of your love and shine forever with the eternal light of your Son, our Savior, Jesus Christ. Amen.

The Lord's Prayer

Our Father, who are in heaven, hallowed be thy name, Thy kingdom come, thy will be done, on earth as it is in heaven. Give us today our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

Our Father in Heaven, Hallowed be your name, Your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power and the glory are yours, now and forever. Amen.

The Conclusion

O God, who by your mighty word enlightens everyone who comes into the world, enlighten, we pray, the hearts of your servants, by the glory of your grace, that we may always think such things as are worthy and pleasing to your Majesty and love you with a perfect heart, through Jesus Christ our Lord. Amen.

(A prayer of St. Alcuin)

Morning	Evening
God Almighty bless us with his Holy Spirit this day; guard us in our going out and coming in; keep us always steadfast in his faith, free from sin and safe from danger; through Jesus Christ our Lord. Amen. <i>(Author Unknown)</i>	Visit our dwellings, O Lord, and drive from them all the snares of the enemy; let your holy angels dwell with us to preserve us in peace; and let your blessing be upon us always, through Christ our Lord. Amen. <i>(Office of Compline)</i>

The Dismissal

Morning	Evening
Abide with us, Lord Jesus, for the night is now passed and the day lies open before us. As we rejoice in the gift of this new day, may the light of your presence, O God, set our hearts on fire.	Abide with us, Lord Jesus, for the night is at hand and the day is now past. In peace we will lie down and sleep; for you alone, Lord, make us dwell in safety.

Let us bless the Lord.
Thanks be to God.

Prayer on a Friday

Preparation

Morning	Evening
O Lord, open our lips and our mouths shall proclaim your praise. Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now and shall be forever. Amen.	O God, make speed to save us. O Lord, makes haste to help us. Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now and shall be forever. Amen.

Lord, teach me to seek you, and reveal yourself to me as I seek you. For I cannot seek you unless you first teach me and I cannot find you unless you first reveal yourself to me.

(A prayer of St. Ambrose)

Psalmody

A reading from the lectionary Psalm, or from the Psalm cycles on pages 41-43, followed by the Gloria Patri

Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now and shall be forever. Amen.

Praise

A hymn or song may be sung

The Word of God

A canticle from pages 44-47 may be said before reading the assigned texts for the day, with the Gospel Canticle following the Gospel reading

Gospel Canticle

Morning (Luke 1:67-79)	Evening (Luke 1:46b-55)
<p>"Praise be to the Lord, the God of Israel, because he has come to his people and redeemed them. He has raised up a horn of salvation for us in the house of his servant David (as he said through his holy prophets of long ago), salvation from our enemies and from the hand of all who hate us - to show mercy to our ancestors and to remember his holy covenant, the oath he swore to our father Abraham: to rescue us from the hand of our enemies, and to enable us to serve him without fear in holiness and righteousness before him all our days. And you, my child, will be called a prophet of the Most High; for you will go on before the Lord to prepare the way for him, to give his people the knowledge of salvation through the forgiveness of their sins, because of the tender mercy of our God, by which the rising sun will come to us from heaven to shine on those living in darkness and in the shadow of death, to guide our feet in to the path of peace." Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now and shall be forever. Amen.</p>	<p>"My soul glorifies the Lord, and my spirit rejoices in God my Savior, for he has been mindful of the humble state of his servant. From now on all generation will call me blessed, for the Mighty One has done great things for me – holy is his name. His mercy extends to those who fear him, from generation to generation. He has performed mighty deed with his arm, he has scattered those who are proud in their inmost thoughts. He has brought down rulers from their thrones but has lifted up the humble. He has filled the hungry with good things, but her has sent the rich away empty. He has helped his servant Israel, remembering to be merciful to Abraham and his descendants forever, just as he promised our ancestors." Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now and shall be forever. Amen.</p>

Response

Silence, Study, Reflection or Conversation

The Prayers

Written prayers on pages 48-50 may be helpful as you pray Up, In and Out

Praying Up

*Either this prayer of confession,
or the appropriate Prayer of Martin Luther is used*

O God, though our sins be seven, though our sins be seventy times seven, though our sins be more in number than the hairs on our head, yet give us grace in loving penitence to cast ourselves down into the depths of thy compassion. Amen.

(A Prayer of Christina Rossetti)

or

Morning	Evening
We give thanks to you, heavenly Father, through Jesus Christ your dear Son, that you have protected us through the night from all danger and harm; and we beseech you to preserve and keep us, this day also, from all sin and evil; that in all our thoughts, words, and deeds, we may serve and please you. Into your hands we commend our bodies and souls, and all that is ours. Let your holy angel guard us, that the wicked one may have no power over us. Amen.	We give you thanks, heavenly Father, through Jesus Christ your dear Son, that you have today so graciously protected us, and we beseech you to forgive us all our sins, and the wrongs which we have done, and through your great mercy defend us from all perils and danger of this night. Into your hands we commend our bodies and souls and all that is ours. Let your holy angel guard us, that the wicked one may have no power over us. Amen.

(Martin Luther, his morning, and evening, prayer)

Absolution

A reminder of God's Forgiveness for all who truly repent

May almighty God, who sent his Son into the world to save sinners, bring us his pardon and peace, now and forever.

Amen.

Praying In

Praying for fellow Christians near and far

Prayer focus for today

- Our staff team and their families
- Churches in and around Columbia

Praying Out

Praying for the world and those who don't know Jesus

Prayer focus for today

- Those in our community that don't know Jesus
- International leaders

The prayer for the day

The following, or the assigned prayer for the day is said

Grant, Lord, that we, as fellow heirs to the kingdom, do not come to a position of lording over those who do not know you, but rather in joining with those who do, go out to show love and compassion in our pursuit of making disciples that make disciples. Amen.

The Lord's Prayer

Our Father, who are in heaven, hallowed be thy name, Thy kingdom come, thy will be done, on earth as it is in heaven. Give us today our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

Our Father in Heaven, Hallowed be your name, Your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power and the glory are yours, now and forever. Amen.

The Conclusion

O gracious and holy Father, give us wisdom to perceive you, diligence to seek you, patience to wait for you, eyes to behold you, a heart to mediate upon you, a life to proclaim you, through the power of the Holy Spirit of Jesus Christ our Lord. Amen.

(A prayer of St. Benedict)

Morning	Evening
God Almighty bless us with his Holy Spirit this day; guard us in our going out and coming in; keep us always steadfast in his faith, free from sin and safe from danger; through Jesus Christ our Lord. Amen.	Visit our dwellings, O Lord, and drive from them all the snares of the enemy; let your holy angels dwell with us to preserve us in peace; and let your blessing be upon us always, through Christ our Lord. Amen.
<i>(Author Unknown)</i>	<i>(Office of Compline)</i>

The Dismissal

Morning	Evening
Abide with us, Lord Jesus, for the night is now passed and the day lies open before us. As we rejoice in the gift of this new day, may the light of your presence, O God, set our hearts on fire.	Abide with us, Lord Jesus, for the night is at hand and the day is now past. In peace we will lie down and sleep; for you alone, Lord, make us dwell in safety.

Let us bless the Lord.
Thanks be to God.

Prayer on Saturday

Preparation

Morning	Evening
O Lord, open our lips and our mouths shall proclaim your praise. Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now and shall be forever. Amen.	O God, make speed to save us. O Lord, makes haste to help us. Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now and shall be forever. Amen.

O Lord, lift up the light of your countenance on us; let your peace rule in our hearts, and may it be our strength and our song in the house of our pilgrimage. We commit ourselves to your care and keeping; let your grace be mighty in us, and sufficient for us, in all the duties of the day. Keep us from sin. Give us the rule over our own spirits, and guard us from speaking unadvisedly with our lips. May we live together in holy love and peace, and under your blessing in this life and for evermore. Amen.

(A prayer of Matthew Henry)

Psalmody

A reading from the lectionary Psalm, or from the Psalm cycles on pages 41-43, followed by the Gloria Patri

Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now and shall be forever. Amen.

Praise

A hymn or song may be sung

The Word of God

A canticle from pages 44-47 may be said before reading the assigned texts for the day, with the Gospel Canticle following the Gospel reading

Gospel Canticle

Morning (Luke 1:67-79)	Evening (Luke 1:46b-55)
<p>"Praise be to the Lord, the God of Israel, because he has come to his people and redeemed them. He has raised up a horn of salvation for us in the house of his servant David (as he said through his holy prophets of long ago), salvation from our enemies and from the hand of all who hate us - to show mercy to our ancestors and to remember his holy covenant, the oath he swore to our father Abraham: to rescue us from the hand of our enemies, and to enable us to serve him without fear in holiness and righteousness before him all our days. And you, my child, will be called a prophet of the Most High; for you will go on before the Lord to prepare the way for him, to give his people the knowledge of salvation through the forgiveness of their sins, because of the tender mercy of our God, by which the rising sun will come to us from heaven to shine on those living in darkness and in the shadow of death, to guide our feet in to the path of peace." Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now and shall be forever. Amen.</p>	<p>"My soul glorifies the Lord, and my spirit rejoices in God my Savior, for he has been mindful of the humble state of his servant. From now on all generation will call me blessed, for the Mighty One has done great things for me – holy is his name. His mercy extends to those who fear him, from generation to generation. He has performed mighty deed with his arm, he has scattered those who are proud in their inmost thoughts. He has brought down rulers from their thrones but has lifted up the humble. He has filled the hungry with good things, but her has sent the rich away empty. He has helped his servant Israel, remembering to be merciful to Abraham and his descendants forever, just as he promised our ancestors." Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now and shall be forever. Amen.</p>

Response

Silence, Study, Reflection or Conversation

The Prayers

Written prayers on pages 48-50 may be helpful as you pray Up, In and Out

Praying Up

*Either this prayer of confession,
or the appropriate Prayer of Martin Luther is used*

**O Lord, heal our infirmities, pardon our offences, lighten our burdens,
enrich our poverty; through Christ our Lord. Amen.**

(A Prayer of Christopher Sutton)

or

Morning	Evening
We give thanks to you, heavenly Father, through Jesus Christ your dear Son, that you have protected us through the night from all danger and harm; and we beseech you to preserve and keep us, this day also, from all sin and evil; that in all our thoughts, words, and deeds, we may serve and please you. Into your hands we commend our bodies and souls, and all that is ours. Let your holy angel guard us, that the wicked one may have no power over us. Amen.	We give you thanks, heavenly Father, through Jesus Christ your dear Son, that you have today so graciously protected us, and we beseech you to forgive us all our sins, and the wrongs which we have done, and through your great mercy defend us from all perils and danger of this night. Into your hands we commend our bodies and souls and all that is ours. Let your holy angel guard us, that the wicked one may have no power over us. Amen.

(Martin Luther, his morning, and evening, prayer)

Absolution

A reminder of God's Forgiveness for all who truly repent

May almighty God, who sent his Son into the world to save sinners, bring us his pardon and peace, now and forever.

Amen.

Praying In

Praying for fellow Christians near and far

Prayer focus for today

- The Board of Deacons and their families
- Members who are ill or in need

Praying Out

Praying for the world and those who don't know Jesus

Prayer focus for today

- State government
- First responders and our military

The prayer for the day

The following, or the assigned prayer for the day is said

Holy God, who calls us to a life of servanthood, help us to follow the example of those who have gone before, that we may learn, as they have learnt, to deny ourselves and love you above all things. Amen.

The Lord's Prayer

Our Father, who are in heaven, hallowed be thy name, Thy kingdom come, thy will be done, on earth as it is in heaven. Give us today our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

Our Father in Heaven, Hallowed be your name, Your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power and the glory are yours, now and forever. Amen.

The Conclusion

Lord, be with us this day, within us to purify us; above us to draw us up; beneath us to sustain us; before us to lead us; behind us to retain us; around us to protect us. Amen.

(A prayer of St. Patrick)

Morning	Evening
God Almighty bless us with his Holy Spirit this day; guard us in our going out and coming in; keep us always steadfast in his faith, free from sin and safe from danger; through Jesus Christ our Lord. Amen. <i>(Author Unknown)</i>	Visit our dwellings, O Lord, and drive from them all the snares of the enemy; let your holy angels dwell with us to preserve us in peace; and let your blessing be upon us always, through Christ our Lord. Amen. <i>(Office of Compline)</i>

The Dismissal

Morning	Evening
Abide with us, Lord Jesus, for the night is now passed and the day lies open before us. As we rejoice in the gift of this new day, may the light of your presence, O God, set our hearts on fire.	Abide with us, Lord Jesus, for the night is at hand and the day is now past. In peace we will lie down and sleep; for you alone, Lord, make us dwell in safety.

Let us bless the Lord.
Thanks be to God.

Prayer on a Sunday

Preparation

Morning	Evening
O Lord, open our lips and our mouths shall proclaim your praise. Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now and shall be forever. Amen.	O God, make speed to save us. O Lord, makes haste to help us. Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now and shall be forever. Amen.

Our Father, here I am, at your disposal, your child, to use me to continue your loving the world, by giving Jesus to me and through me, to each other and to the world. Let us pray for each other that we allow Jesus to love in us and through us with the love with which his Father loves us.

(A Prayer of Mother Teresa)

Psalmody

A reading from the lectionary Psalm, or from the Psalm cycles on pages 41-43, followed by the Gloria Patri

Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now and shall be forever. Amen.

Praise

A hymn or song may be sung

The Word of God

A canticle from pages 44-47 may be said before reading the assigned texts for the day, with the Gospel Canticle following the Gospel reading

Gospel Canticle

Morning (Luke 1:67-79)	Evening (Luke 1:46b-55)
<p>"Praise be to the Lord, the God of Israel, because he has come to his people and redeemed them. He has raised up a horn of salvation for us in the house of his servant David (as he said through his holy prophets of long ago), salvation from our enemies and from the hand of all who hate us - to show mercy to our ancestors and to remember his holy covenant, the oath he swore to our father Abraham: to rescue us from the hand of our enemies, and to enable us to serve him without fear in holiness and righteousness before him all our days. And you, my child, will be called a prophet of the Most High; for you will go on before the Lord to prepare the way for him, to give his people the knowledge of salvation through the forgiveness of their sins, because of the tender mercy of our God, by which the rising sun will come to us from heaven to shine on those living in darkness and in the shadow of death, to guide our feet in to the path of peace." Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now and shall be forever. Amen.</p>	<p>"My soul glorifies the Lord, and my spirit rejoices in God my Savior, for he has been mindful of the humble state of his servant. From now on all generation will call me blessed, for the Mighty One has done great things for me – holy is his name. His mercy extends to those who fear him, from generation to generation. He has performed mighty deed with his arm, he has scattered those who are proud in their inmost thoughts. He has brought down rulers from their thrones but has lifted up the humble. He has filled the hungry with good things, but her has sent the rich away empty. He has helped his servant Israel, remembering to be merciful to Abraham and his descendants forever, just as he promised our ancestors." Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now and shall be forever. Amen.</p>

Response

Silence, Study, Reflection or Conversation

The Prayers

Written prayers on pages 48-50 may be helpful as you pray Up, In and Out

Praying Up

*Either this prayer of confession,
or the appropriate Prayer of Martin Luther is used*

Forgive me, O Lord, through the merits of thine Anointed, my Savior, Jesus Christ. Amen.

(A Prayer of John Donne)

or

Morning	Evening
We give thanks to you, heavenly Father, through Jesus Christ your dear Son, that you have protected us through the night from all danger and harm; and we beseech you to preserve and keep us, this day also, from all sin and evil; that in all our thoughts, words, and deeds, we may serve and please you. Into your hands we commend our bodies and souls, and all that is ours. Let your holy angel guard us, that the wicked one may have no power over us. Amen.	We give you thanks, heavenly Father, through Jesus Christ your dear Son, that you have today so graciously protected us, and we beseech you to forgive us all our sins, and the wrongs which we have done, and through your great mercy defend us from all perils and danger of this night. Into your hands we commend our bodies and souls and all that is ours. Let your holy angel guard us, that the wicked one may have no power over us. Amen.

(Martin Luther, his morning, and evening, prayer)

Absolution

A reminder of God's Forgiveness for all who truly repent

May almighty God, who sent his Son into the world to save sinners, bring us his pardon and peace, now and forever.

Amen.

Praying In

Praying for fellow Christians near and far

Prayer focus for today

- The vision and mission of St. John
- The worldwide Church

Praying Out

Praying for the world and those who don't know Jesus

Prayer focus for today

- Local businesses
- God's creation

The prayer for the day

The following, or the assigned prayer for the day is said

Almighty God, who sent your Holy Spirit to be our guiding light, open our hearts to receive your Word, allowing it to govern us as we seek your kingdom for ourselves and your Church. Amen.

The Lord's Prayer

Our Father, who are in heaven, hallowed be thy name, Thy kingdom come, thy will be done, on earth as it is in heaven. Give us today our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

Our Father in Heaven, Hallowed be your name, Your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power and the glory are yours, now and forever. Amen.

The Conclusion

Son of God, Lord Jesus Christ, crucified on a cross for us and raised up from the grave, to you we pray. Receive us into your eternal church and keep us always in your Word. With your Holy Spirit, guide us. Amen.

(A prayer of Philipp Melancthon)

Morning	Evening
God Almighty bless us with his Holy Spirit this day; guard us in our going out and coming in; keep us always steadfast in his faith, free from sin and safe from danger; through Jesus Christ our Lord. Amen. <i>(Author Unknown)</i>	Visit our dwellings, O Lord, and drive from them all the snares of the enemy; let your holy angels dwell with us to preserve us in peace; and let your blessing be upon us always, through Christ our Lord. Amen. <i>(Office of Compline)</i>

The Dismissal

Morning	Evening
Abide with us, Lord Jesus, for the night is now passed and the day lies open before us. As we rejoice in the gift of this new day, may the light of your presence, O God, set our hearts on fire.	Abide with us, Lord Jesus, for the night is at hand and the day is now past. In peace we will lie down and sleep; for you alone, Lord, make us dwell in safety.

Let us bless the Lord.
Thanks be to God.

Alternative Cycle of Psalms

Day/ Date	For use during the season between Pentecost and Advent	
	Morning	Evening
1	1,2,3,4,5	6,7,8
2	9,10,11	12,13,14
3	15,16,17	18:1-20,21-50
4	19,20,21	22,23
5	24,25,26	27,28,29
6	30,31	32,33,34
7	35,36	37:1-18,19-42
8	38,39,40	41,42,43
9	44,45,46	47,48,49
10	50,51,52	53,54,55
11	56,57,58	59,60,61
12	62,63,64	65,66,67
13	68	69,70
14	71,72	73,74
15	75,76,77	78:1-39,40-72
16	79,80,81	82,83,84,85
17	86,87,88	89:1-18,19-52
18	90,91,92	93,94
19	95,96,97	98,99,100,101
20	102,103	104
21	105:1-22,23-45	106:1-18,19-48
22	107:1-32,33-43	108,109
23	110,111,112,113	114,115
24	116,117,118	119:1-8,9-16,17-24,25-32
25	119:33-40,41-48,49-56, 57-64,65-72	119:73-80,81-88,89-96, 97-104
26	119:105-112,113-120, 121-128,129-136,137-144	119:145-152,153-160, 161-168,169-176
27	120,121,122,123,124,125	126,127,128,129,130,131
28	132,133,134,135	136,137,138
29	139,140	141,142,143
30	144,145,146	147,148,149,150

For use during the season of Advent					
Day	Psalm		Day	Psalm	
	Morning	Evening		Morning	Evening
Sun	82	146	Thu	70	97
Mon	13	16	Fri	75	126
Tue	14	28	Sat	85	132
Wed	54	72			

For use during the season of Christmas					
Day	Psalm		Day	Psalm	
	Morning	Evening		Morning	Evening
Sun	113	68	Thu	127	147
Mon	87	148	Fri	128	97
Tue	97	98	Sat	150	148
Wed	110	102			

For use during the season of Epiphany					
Day	Psalm		Day	Psalm	
	Morning	Evening		Morning	Evening
Sun	67	72	Thu	132:10-19	27
Mon	99	107	Fri	138	28
Tue	100	8	Sat	149	19
Wed	122	104			

For use during the season of Lent					
Day	Psalm		Day	Psalm	
	Morning	Evening		Morning	Evening
Sun	51:11-19	6	Thu	12	102
Mon	3	32	Fri	32	130
Tue	6	38	Sat	61	143
Wed	11	51			

For use during Holy Week					
Day	Psalm		Day	Psalm	
	Morning	Evening		Morning	Evening
Sun	27:1-8	1	Thu	23	20
Mon	43	2	Fri	69:1-13	23
Tue	142	16	Sat	130	37
Wed	143	18			

For use during the season of Easter					
Day	Psalm		Day	Psalm	
	Morning	Evening		Morning	Evening
Sun	114	16	Thu	111	113
Mon	30	118	Fri	145:1-8	93
Tue	66:1-11	34	Sat	146	149
Wed	106:1-12	22			

For use during the season between Ascension and Pentecost					
Day	Psalm		Day	Psalm	
	Morning	Evening		Morning	Evening
Sun	104:26-32	51	Thu	84	47
Mon	21:1-7	23	Fri	93	150
Tue	29	57	Sat	98	116
Wed	46	84			

A Selection of Canticles

The Song of Moses (Exodus 15:1b-3,6,10,13,17-18)

I will sing to the Lord, for he is highly exalted.
Both horse and driver he has hurled into the sea.
The Lord is my strength and my defense;
he has become my salvation. He is my God, and I will praise him,
my father's God, and I will exalt him.
The Lord is a warrior; the Lord is his name.
Your right hand, Lord, was majestic in power.
Your right hand, Lord, shattered the enemy.
But you blew with your breath, and the sea covered them.
They sank like lead in the mighty waters.
In your unfailing love you will lead the people you have redeemed.
In your strength you will guide them to your holy dwelling.
You will bring them in and plant them
on the mountain of your inheritance
the place, Lord, you made for your dwelling,
the sanctuary, Lord, your hands established.
The Lord reigns for ever and ever.
Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be forever. Amen.

A Song of David (1 Chronicles 29:10b-13,14b)

Praise be to you, Lord, the God of our father Israel,
from everlasting to everlasting.
Yours, Lord, is the greatness and the power
and the glory and the majesty and the splendor,
for everything in heaven and earth is yours.
Yours, Lord, is the Kingdom; you are exalted as head over all.
Wealth and honor come from you; you are the ruler of all things.
In your hands are strength and power
to exalt and give strength to all.
Now, our God, we give you thanks, and praise your glorious name.
Everything comes from you,
and we have given you only what come from your hand.
Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be forever. Amen.

A song of the Messiah (Isaiah 9:2,3b,4,6-7)

The people walking in darkness have seen a great light;
on those living in the land of deep darkness a light has dawned.
They rejoice before you as people rejoice at the harvest.
For as in the day of Midian's defeat,
you have shattered the yoke that burdens them,
the bar across their shoulders, the rod of their oppressor.
For to us a child is born, to us a son is given,
and the government will be on his shoulders.
And he will be called Wonderful Counselor, Mighty God,
Everlasting Father, Prince of Peace.
Of the greatness of his government and peace there will be no end.
He will reign on David's throne and over his kingdom,
establishing and upholding it with justice and righteousness
from that time on and forever.
The zeal of the Lord Almighty will accomplish this.
Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be forever. Amen.

A Song of the Covenant (Isaiah 42:5-8a)

This is what the God the Lord says –
the creator of the heavens, who stretched them out,
who spreads out the earth with all that springs from it,
who gives breath to its people, and life to those who walk on it:
“I, the Lord, have called you in righteousness;
I will take hold of your hand. I will keep you and will make you
to be a covenant for the people and a light for the Gentiles,
to open eyes that are blind, to free captives from prison
and to release from the dungeon those who sit in darkness.
I am the Lord; that is my name! I will not yield my glory to another.
Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be forever. Amen.

A Song of Ezekiel (Ezekiel 36:24-28)

For I will take you out of the nations;
I will gather you from all the countries
and bring you back into your own land.
I will sprinkle clean water on you, and you will be clean;
I will cleanse you from all your impurities and from all your idols.
I will give you a new heart and put a new spirit in you;

I will remove from you your heart of stone
and give you a heart of flesh. And I will put my Spirit in you
and move you to follow my decrees and be careful to keep my laws.
Then you will live in the land I gave your ancestors;
you will be my people, and I will be your God.
Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be forever. Amen.

The Song of Simeon (Luke 2:29-32)

Sovereign Lord, as you have promised,
you may now dismiss your servant in peace.
For my eyes have seen your salvation,
which you have prepared in the sight of all nations:
a light for revelation to the Gentiles,
and the glory of your people Israel.
Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be forever. Amen.

A Song of Faith (1 Peter 1:3-5,18,19,21)

Praise be to the God and Father of our Lord Jesus Christ!
In his great mercy he has given us new birth into a living hope
through the resurrection of Jesus Christ from the dead,
and into an inheritance that can never perish, spoil or fade.
This inheritance is kept in heaven for you,
who through faith are shielded by God's power until the coming of the
salvation that is ready to be revealed in the last time.
For you know that it is not with perishable things such as silver or gold that
you were redeemed from the empty way of life
handed down to you from your ancestors,
but with the precious blood of Christ,
a lamb without blemish or defect.
He was chosen before the creation of the world,
but was revealed in these last times for your sake.
Through him you believe in God,
who raised him from the dead and glorified him,
and so your faith and hope are in God.
Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be forever. Amen.

A Song of Repentance (1 John 1:5-9)

This is the message we have heard from him and declare to you:

God is light; in him there is no darkness at all.

If we claim to have fellowship with him and yet walk in the darkness, we lie and do not live out the truth.

But if we walk in the light, as he is in the light,

we have fellowship with one another,

and the blood of Jesus his Son, purifies us from all sin.

If we claim to be without sin,

we deceive ourselves and the truth is not in us.

If we confess our sins,

he is faithful and just and will forgive us our sins

and purify us from all unrighteousness.

Glory to the Father and to the Son and to the Holy Spirit;

as it was in the beginning is now and shall be forever. Amen.

A Song of Praise (Revelation 4:11,5:9-10)

You are worthy, our Lord and God,

to receive glory and honor and power, for you created all things,

and by your will they were created and have their being.

You are worthy... because you were slain,

and with your blood you purchased for God

persons from every tribe and language and people and nation.

You have made them to be a kingdom and priests to serve our God,

and they will reign on earth.

Glory to the Father and to the Son and to the Holy Spirit;

as it was in the beginning is now and shall be forever. Amen.

A Selection of Prayers

Praying Up

A Prayer for Deliverance

O Lord, our heavenly Father, by whose almighty power we have been preserved, protect us we pray, by your great mercy from all perils and dangers. Refresh our weary nature with the help which our weakness needs, so we may behold the dawn of the day with joyfulness, and be devoted to you in body, mind and soul for the love of your Son, our Lord, Jesus Christ. Lord in your mercy, hear our prayer.

A Prayer of Thankfulness

Father God, you are worthy of our praise and worship. We give you thanks this day for the many blessings of this life, and all the hopes of a better life to come. Let the memory of your goodness fill our hearts with joy and thankfulness, knowing that these blessings you bestow in us are through no work of our own, but the mediation of your Son, our Lord, Jesus Christ. Lord in your mercy, hear our prayer.

Praying In

A Prayer for those in Extremity

Most merciful God, our refuge in times of trouble, let the prayer of those who are in tribulation and any sort of extremity, reach your merciful ears, and grant them, we pray, relief for the sake of your Son, our Lord, Jesus Christ. Especially at this time we lift before you..... Lord in your mercy, hear our prayer.

A Prayer for Inner Peace

O God, from whom all holy desires, all good counsel and all just works come, give us we pray that inner peace which the world cannot, that our hearts may be set to obey your commandments, and that by your protection pass our time in peace and quietness; through Christ our Lord. Especially at this time we lift before you..... Lord in your mercy, hear our prayer.

A Prayer for those in Leadership of your Church

Almighty and everlasting God, we pray for our pastors, those serving in this congregation, in their area and beyond. We pray for those who serve under the umbrella of the Evangelical Association, and for our National Minister. We pray for all ministers of Word and sacrament serving Your Church throughout the world, and for the congregations you have placed under their care. Send down your Spirit now, we pray, that they be ever mindful of you and your will for them and their congregations, and that they may truly please you. Lord in your mercy, hear our prayer.

For the Guidance of the Holy Spirit

Almighty God, you have given your Holy Spirit to the Church to lead us into all truth: bless with the Spirit's grace and presence the members of this congregation; keep us steadfast in faith and united in love, that we may manifest your glory and prepare the way of your kingdom; through Jesus Christ, your Son.
Lord in your mercy hear our prayer.

A Prayer for the Whole World

Almighty God, who has made all people and nations here on earth, grant to all your guidance and help, that they may seek prosperity in promoting the welfare of not just themselves, but others. Enable all your creation to realize their uniting bond as your children, and restrain us all from pride, jealousy, hatred and selfish ambition. Awaken in all people the spirit of justice and unity. Unite them, and us, by the bond of international friendship that all may work together for the betterment of your creation. Make wars to cease, and bring about the day when there will be peace on earth and good will among men; through him who is the Prince of Peace, Jesus Christ, our Lord. Lord in your mercy, hear our prayer.

A Prayer for the President, and all who Govern

Almighty God, fount and source of all authority and wisdom, hear our prayer for those who govern. Give to our President grace, and grant that all who bear office throughout the land may be governed by your wisdom and may live and labor for you above all else, so that all may live in peace and happiness, truth and prosperity. Lord in your mercy, hear our prayer.

A Prayer for the Nation

Merciful Father, we pray for the United States of America and all her people. We pray that you make us a people worthy of your gracious protection and so direct us that we may strive for the peace and welfare of all mankind. Lord in your mercy, hear our prayer.

Index of Authors

St. Alcuin, of York	(732-804)	English Theologian
St. Ambrose, of Milan	(339-397)	Bishop of Milan 374-397
St. Augustine, of Hippo	(354-430)	Theologian, Philosopher & Bishop of Hippo
St. Benedict, of Nursia	(480-543)	Italian Monk and founder of the Benedictine Order
John Calvin	(1509-1564)	Reformation Theologian
St. Clement, of Rome	(30-95)	4 th Bishop of Rome
John Colet	(1467-1519)	English Theologian
Thomas Cranmer	(1489-1556)	English Reformer
John Donne	(1572-1631)	English Poet Dean of St Paul's Cathedral (1621-1631)
Matthew Henry	(1662-1714)	Nonconformist Bible Commentator and Theologian
St. Patrick	(385-461)	English missionary to Ireland
St. Jerome, of Stridon	(347-420)	Confessor & Theologian
Martin Luther	(1483-1546)	Theologian who led the Protestant Reformation
Philipp Melanchthon	(1497-1560)	German Reformer
Christina Rossetti	(1830-1894)	English Poet
Christopher Sutton	(1565-1629)	English Theologian
Mother Teresa	(1910-1998)	Nun and founder of Order of the Missionaries of Charity
John Wesley	(1703-1791)	Founder of Methodism